



## K Senior

Startnr	Navn	Klubb / Team	Tid	Diff	Langrenn Netto	Diff	Langrenn Inkl SR	Tid Straffer.	S1	S2	S3	S4	Standplass Totalt	Born
28	Lotte Lie	Skatval Skilag	43:32.4	0:00.0	36:34	29	39:34	2:59	1:18	49	55	54	3:57	(1+0+0+0)
14	Sigrild Bilstad Neraasen	Vingrom IL	45:07.9	1:35.5	36:52	47	39:19	2:26	52	1:59	1:53	1:02	5:48	(0+1+1+0)
22	Ida Emilie Herfoss	Drangedal Idrettslag - Skiskyting / Team Te	45:08.9	1:36.5	37:48	1:43	40:17	2:28	1:04	51	1:02	1:51	4:51	(0+0+0+1)
5	Ingvild Sangesland	Øvrebø IL	45:22.3	1:49.9	37:13	1:07	39:40	2:27	53	2:52	57	57	5:42	(0+2+0+0)
19	Karoline Næss	Bjerke IL Ski	45:39.7	2:07.3	37:06	1:01	39:29	2:22	59	1:04	2:03	2:03	6:10	(0+0+1+1)
24	Silje Gløtheim	Røros IL / Trondheim Biathlon Team	45:40.8	2:08.4	39:12	3:06	41:42	2:30	55	56	59	1:07	3:58	(0+0+0+0)
30	Hilde Eide	Øystre Slidre SSL	45:41.7	2:09.3	38:29	2:24	41:04	2:34	1:55	52	59	50	4:37	(1+0+0+0)
13	Gunhild Viljugrein Stølen	Bærums Skiklub / Trondheim Biathlon Tear	45:49.3	2:16.9	38:33	2:28	41:04	2:31	53	55	56	1:59	4:44	(0+0+0+1)
11	Une Christiane Tronerud Kvelvane	Voss Skiskytterlag / Team Kjelstad	46:11.2	2:38.8	37:16	1:11	39:42	2:26	51	1:48	1:58	1:49	6:28	(0+1+1+1)
31	Kirsten Daae Wiig	Ullensaker Skiklubb / Sirdal Ski	46:49.8	3:17.4	37:35	1:30	40:01	2:25	2:00	1:55	57	1:54	6:48	(1+1+0+1)
29	Sofie Rostad	Gjerdrum IL / Team OASSK	47:10.0	3:37.6	39:44	3:39	42:19	2:34	59	1:56	55	58	4:50	(0+1+1+0)
27	Anna Maria Wikström	Trondhjems Skiskyttere / Trondheim Biathlc	47:29.6	3:57.2	40:30	4:25	42:55	2:24	55	1:51	54	52	4:33	(0+1+0+0)
25	Tonje Marie Skjelstadås	Meråker Skiskytterklubb	47:40.8	4:08.4	37:31	1:25	40:00	2:29	56	2:52	2:02	1:48	7:39	(0+2+1+1)
8	Anne Marit Bredalen	Åsnes Skiskytterlag / Team Woodcon	47:43.7	4:11.3	40:00	3:55	42:32	2:31	1:04	2:00	59	1:05	5:10	(0+1+0+0)
10	Mari Sverdrup	Dombås IL / Trondheim Biathlon Team	48:17.2	4:44.8	38:09	2:03	40:31	2:22	2:00	3:55	58	51	7:45	(1+3+0+0)
15	Silje Bakken	Leik, IL / Trondheim Biathlon Team	49:25.6	5:53.2	38:25	2:19	40:49	2:24	3:10	2:06	1:09	2:09	8:36	(2+1+0+1)
16	Kristina Skjevdal	Røros IL	49:39.4	6:07.0	37:15	1:10	39:40	2:24	3:03	1:54	3:06	1:54	9:58	(2+1+2+1)
26	Åsne Ulvund	Eldar IL / Team Glalaks	49:41.5	6:09.1	39:33	3:28	42:09	2:36	1:49	2:56	51	1:54	7:31	(1+2+0+1)
12	Silja Fjærestad Hønsi	Vik IL / Team Glalaks	49:44.0	6:11.6	39:18	3:13	41:55	2:36	55	1:56	1:57	2:59	7:48	(0+1+1+2)
6	Kristin Våga Fløttum	Skaun IL / Trondheim Biathlon Team	49:46.9	6:14.5	40:32	4:27	43:06	2:34	1:55	46	3:03	54	6:40	(1+0+2+0)
33	Sara Ehrenpohl Sand	Byåsen Skiskytterlag / Trondheim Biathlon	50:00.0	6:27.6	37:36	1:30	40:09	2:33	4:01	1:56	1:59	1:52	9:50	(3+1+1+1)
7	Anitra Vognild	Bjerke IL Ski / Trondheim Biathlon Team	50:09.1	6:36.7	39:19	3:14	41:53	2:33	1:01	4:00	59	2:13	8:15	(0+3+0+1)
18	Malin Auganæs Bergtun	Kvam Langrenn- og Skiskyttarklubb / Team	50:56.6	7:24.2	39:15	3:10	41:45	2:30	2:04	4:03	2:04	57	9:10	(1+3+1+0)
9	Mathilde Hustoft	Asker Skiklubb / Team OASSK	52:08.1	8:35.7	41:37	5:31	44:12	2:35	3:00	1:54	2:07	52	7:55	(2+1+1+0)

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## K Senior

Startnr	Navn	Klubb / Team	Tid	Diff	Langrenn Netto	Diff	Langrenn Inkl SR	Tid Straffer.	S1	S2	S3	S4	Standplass Totalt	Bom
17	Ingvild Berlandstveit	Hålendsdal IL / Team Glalaks	52:42.8	9:10.4	40:48	4:43	44:48	3:59	19	3:11	1:20	3:04	7:54	(0+2+1+2)
20	Maren Wangenstein	Vestre Slidre IL	54:44.5	11:12.1	36:05	0	38:32	2:26	4:22	4:53	4:00	2:56	16:12	(3+4+3+2)
21	Hedda Lundeberg Aas	Bø Skiskytterlag / Team OASSK	55:02.9	11:30.5	38:55	2:49	41:28	2:33	2:08	4:12	3:08	4:05	13:34	(1+3+2+3)

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Startnr	Navn	Klubb / Team	Tid	Diff	Langrenn Netto	Diff	Langrenn Inkl SR	Tid Straffer.	S1	S2	S3	S4	Standplass Totalt	Born
517	Eivor Melbybråten	Øystre Slidre SSL / NTG-G	33:06.1	0:00.0	23:18	38	25:39	2:20	2:38	1:03	1:09	2:35	7:26	(2+0+0+2)
505	Gunn Kristi Stensaker Tvinnereim	Hardbagg IL / Stryn vgs	33:22.5	0:16.4	23:31	50	25:56	2:25	1:49	2:36	1:02	1:57	7:25	(1+2+0+1)
515	Linnea Winsvold	Lier IL / NTG-L	33:41.7	0:35.6	25:35	2:54	28:10	2:34	1:46	55	1:50	59	5:31	(1+0+1+0)
526	Marita Steffensen	Båtsfjord Sportsklubb / NTG-T	34:10.8	1:04.7	25:39	2:58	28:07	2:28	1:09	1:03	1:11	2:38	6:03	(0+0+0+2)
519	Gro Njølstad Randby	Ivrig IL / NTG-G	34:14.6	1:08.5	22:40	0	25:06	2:25	1:43	2:30	1:44	3:10	9:08	(1+2+1+3)
525	Gina Lagmandsveen Hjemli	Mjøsski / Team Toyota Slettum Bil	34:20.1	1:14.0	25:44	3:04	28:14	2:30	1:14	2:30	1:15	1:05	6:05	(0+2+0+0)
510	Kristiane Almeland Rolstad	Oslo Skiskytterlag / NTG-L	34:22.5	1:16.4	23:26	46	25:59	2:32	1:08	3:30	2:40	1:03	8:23	(0+3+1+1)
495	Hanne Kråkstad Johansen	Bossmo & Ytteren IL / Team Polarsirkelen	35:01.7	1:55.6	25:06	2:25	27:31	2:24	1:04	1:52	2:39	1:54	7:30	(0+1+2+1)
504	Lisa Bjønnes	Oslo Skiskytterlag / NTG-G	35:18.3	2:12.2	24:36	1:55	28:55	4:19	18	57	2:32	2:34	6:23	(0+0+3+2)
496	Sigrud Haug Grønnerød	Ål Skiskytterlag / NTG-G	35:42.9	2:36.8	24:17	1:36	26:48	2:30	2:37	2:36	1:53	1:47	8:54	(2+2+1+1)
522	Ingrid Taarud	Vingrom IL / NTG-L	36:55.5	3:49.4	24:54	2:14	27:35	2:40	1:13	4:07	1:23	2:35	9:20	(0+4+0+2)
521	Victoria Klevan Dybwad	Fossum IF	36:59.3	3:53.2	25:26	2:45	27:50	2:24	1:53	3:27	1:06	2:40	9:08	(1+3+0+2)
498	Marte Holmen Nilssen	Mjøsski / Team Toyota Slettum Bil	37:14.8	4:08.7	26:00	3:20	28:34	2:33	2:45	1:09	3:38	1:07	8:40	(2+0+3+0)
513	Amanda Kvernmo Lynum	Orkdal IL	37:39.9	4:33.8	25:25	2:44	27:53	2:28	2:52	1:59	2:04	2:50	9:46	(2+1+1+2)
503	Ingeborg Almeland Rolstad	Oslo Skiskytterlag / NTG-L	37:48.2	4:42.1	24:08	1:27	26:38	2:30	2:37	3:16	2:39	2:36	11:09	(2+3+2+2)
499	Carina Pettersen	Hammerfest Skiklubb	38:02.9	4:56.8	26:11	3:30	28:50	2:38	2:40	1:49	3:29	1:12	9:12	(2+1+3+0)
518	Anette Stien Schreiner	Skonseng UL / Team Polarsirkelen ski	38:21.0	5:14.9	27:37	4:56	30:15	2:38	2:02	2:44	1:17	2:01	8:05	(1+2+0+1)
514	Pernille Sønsterudbråten	Gjerdrum IL / Snow Team Trysil	38:26.9	5:20.8	28:18	5:37	31:01	2:43	1:54	1:47	1:56	1:46	7:25	(1+1+1+1)
524	Maja Friis Rud	Fossum IF / Wang Toppidrett	38:33.1	5:27.0	26:09	3:28	28:43	2:34	2:40	2:32	1:08	3:28	9:49	(2+2+0+3)
508	Mathea Guddingsmo	Frol IL / Meråker vgs	38:37.3	5:31.2	26:15	3:34	28:48	2:33	1:09	4:04	1:12	3:22	9:48	(0+4+0+3)
512	Vilde Idland	Figgjo IL / Team iSandnes	39:18.6	6:12.5	28:34	5:53	31:18	2:44	2:23	1:33	1:38	2:24	7:59	(2+1+1+2)
500	Guro Ingebjørg Kleiv	Idrettslaget Dyre Vaa / Team TeVe	39:19.8	6:13.7	27:01	4:21	29:40	2:38	1:59	3:28	1:21	2:50	9:39	(1+3+0+2)
511	Ingrid Heggen	Stårheim IL	39:31.3	6:25.2	25:43	3:02	28:14	2:31	2:35	1:49	3:32	3:19	11:16	(2+1+3+3)
520	Selma Barmen Stein	Fana IL	39:34.2	6:28.1	26:59	4:18	29:47	2:48	2:00	3:30	1:26	2:48	9:46	(1+3+0+2)

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Startnr	Navn	Klubb / Team	Tid	Diff	Langrenn Netto	Diff	Langrenn Inkl SR	Tid Straffer.	S1	S2	S3	S4	Standplass Totalt	Born
497	Astrid Nordstrand Fiksen	Bossekop UL - Skiskyting / NTG-T	39:38.4	6:32.3	25:50	3:09	28:30	2:40	2:01	3:33	2:48	2:43	11:07	(1+3+2+2)
506	Thea Martine Konsmo	Knaben og Fjotland IL / Sirdal Ski	40:53.3	7:47.2	30:06	7:25	32:53	2:47	1:05	2:47	1:55	2:10	7:59	(0+2+1+1)
501	Maria Bertine Sleire Tistel	Vik IL / Stryn vgs	41:42.5	8:36.4	29:08	6:27	31:48	2:40	2:39	3:26	1:08	2:39	9:54	(2+3+0+2)
516	Anneli Aamo	Nordreisa IL / Nordreisa vgs	41:48.1	8:42.0	27:08	4:27	29:54	2:46	3:24	1:45	3:24	3:18	11:53	(3+1+3+3)
509	Marion Halvorsen Nustad	Tretten Skiskytterlag	41:58.1	8:52.0	29:59	7:19	32:55	2:55	1:52	2:36	1:56	2:37	9:02	(1+2+1+2)
507	Linn Bjørdal Kristiansen	Bærums Skiklub	44:01.2	10:55.1	26:41	4:00	29:24	2:43	1:51	5:03	3:25	4:15	14:36	(1+5+3+4)

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K18

Startnr	Navn	Klubb / Team	Tid	Diff	Langrenn Netto	Diff	Langrenn Inkl SR	Tid Straffer.	S1	S2	S3	S4	Standplass Totalt	Born
457	Maren Bakken	Os IL / NTG-L	30:36.0	0:00.0	23:01	1:02	25:19	2:17	1:32	1:28	46	1:29	5:16	(1+1+0+1)
481	Synne Owren	Vingrom IL / NTG-L	30:36.7	0:00.7	21:59	0	24:21	2:22	57	2:29	59	1:48	6:15	(0+2+0+1)
487	Hedda Thoresen Tretteteig Bolstad	Simostranda IL / NTG-G	31:37.3	1:01.3	22:28	29	24:51	2:23	1:45	1:37	59	2:22	6:45	(1+1+0+2)
446	Marit Østhus	Nor, IL / NTG-L	32:22.5	1:46.5	24:18	2:19	26:48	2:30	1:43	1:03	56	1:50	5:33	(1+0+0+1)
453	Siri Årsvoll Undheim	Figgjo IL / NTG-G	32:37.6	2:01.6	22:58	59	25:20	2:21	1:41	2:16	1:46	1:31	7:16	(1+2+1+1)
468	Mari Torsteinsrud	Ål Skiskytterlag / NTG-G	33:32.7	2:56.7	22:13	13	24:28	2:15	58	3:07	1:47	3:11	9:04	(0+3+1+3)
475	Vilde Børseth	Bjerke IL Ski / NTG-L	33:59.1	3:23.1	23:42	1:43	26:11	2:28	1:00	2:28	1:03	3:15	7:47	(0+2+0+3)
454	Emily Hedvig Krogsbøl	Try, Idrettslaget	34:33.1	3:57.1	25:45	3:46	28:21	2:35	1:50	53	1:48	1:40	6:11	(1+0+1+1)
459	Åste Eika	Bø Skiskytterlag / Team TeVe	34:59.1	4:23.1	26:34	4:35	29:11	2:36	1:48	1:44	1:12	1:01	5:47	(1+1+0+0)
482	Mari Fosse Vaksdal	Voss Skiskytterlag / Team Glalaks	35:01.6	4:25.6	24:10	2:10	26:38	2:27	2:26	3:15	1:44	57	8:23	(2+3+1+0)
463	Vilde Aamlid	Fyresdal Skiskytterlag / Team TeVe	35:35.5	4:59.5	24:51	2:52	27:16	2:24	1:07	2:35	1:11	3:25	8:19	(0+2+0+3)
444	Maria Haugse Rød	Hålandsdal IL / Team Glalaks	35:37.5	5:01.5	25:48	3:49	28:28	2:39	59	2:31	1:02	2:35	7:09	(0+2+0+2)
452	Ragnhild Sofie Breimyr Hansen	Froland IL / Sirdal Ski	35:39.9	5:03.9	27:26	5:27	30:12	2:45	1:08	1:09	1:10	1:59	5:27	(0+0+0+1)
467	Emma Aasen Strømsnes	Lier IL / Meråker vgs	35:43.3	5:07.3	25:28	3:29	27:59	2:30	59	2:30	1:48	2:26	7:44	(0+2+1+2)
486	Ragna Kolve	Voss Skiskytterlag / Team Glalaks	35:59.7	5:23.7	25:11	3:11	29:24	4:13	21	2:39	1:48	1:47	6:35	(0+2+2+1)
449	Ingeborg Smestu Holm	Rennebu IL / Meråker vgs	36:02.7	5:26.7	27:10	5:11	29:47	2:37	2:01	1:51	1:10	1:12	6:14	(1+1+0+0)
451	Johanne Øien Persen	Nordkyn IL / Nordreisa vgs	36:04.4	5:28.4	25:44	3:45	28:17	2:33	2:43	1:51	2:04	1:07	7:46	(2+1+1+0)
474	Vilde Kverndal Veslegard	Ål Skiskytterlag / NTG-G	36:33.7	5:57.7	25:21	3:22	27:56	2:34	1:47	3:16	1:03	2:29	8:36	(1+3+0+2)
470	Amalie Denise Andersen	Oslo Skiskytterlag	36:36.4	6:00.4	23:57	1:57	26:25	2:28	1:49	4:02	2:39	1:39	10:11	(1+4+2+1)
488	Kristine Gjersvold Haug	Byåsen Skiskytterlag / Trondheim Biathlon	36:52.7	6:16.7	24:30	2:31	26:57	2:27	2:29	1:42	1:44	3:57	9:54	(2+1+1+4)
472	Caroline Grotøy Bjørgum	Fossum IF	36:53.6	6:17.6	28:33	6:34	31:19	2:45	1:02	56	1:09	2:25	5:34	(0+0+0+2)
458	Ingrid Emblem Holte	Gjerstad IL / Team TeVe	37:05.0	6:29.0	26:47	4:47	29:25	2:38	1:13	3:19	1:15	1:50	7:39	(0+3+0+1)
462	Andrine Bjørkmo	Bossmo & Ytteren IL / Team Polarsirkelen :	37:26.6	6:50.6	24:11	2:12	26:36	2:25	3:24	1:01	3:40	2:44	10:50	(3+0+3+2)
489	Kirsti Høiholt-Vågsnes	Vingrom IL / NTG-L	37:29.6	6:53.6	25:59	4:00	28:38	2:38	2:07	2:25	1:48	2:30	8:51	(1+2+1+2)

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Startnr	Navn	Klubb / Team	Tid	Diff	Langrenn Netto	Diff	Langrenn Inkl SR	Tid Straffer.	S1	S2	S3	S4	Standplass Totalt	Bom
461	Brinje Marie Haugli	Oslo Skiskytterlag / Wang Toppidrett	38:33.3	7:57.3	26:08	4:08	28:38	2:30	1:56	4:10	1:10	2:37	9:55	(1+4+0+2)
456	Karoline Holm	Simostrand IL / Team Skiguard Buskerud	38:38.2	8:02.2	27:28	5:29	30:11	2:43	1:56	1:04	2:01	3:24	8:26	(1+0+1+3)
465	Karen Moum Agle	Snåsa Skiskytterlag / Steinkjer vgs	38:39.3	8:03.3	26:02	4:03	28:43	2:40	2:44	1:51	1:56	3:22	9:55	(2+1+1+3)
466	Tuva Skinnarland	Bødalen IF / Sirdal Ski	38:48.9	8:12.9	27:55	5:55	30:39	2:44	1:07	2:36	2:38	1:47	8:09	(0+2+2+1)
464	Malin Haga Idsøe	Figgjo IL / Team iSandnes	39:09.6	8:33.6	27:38	5:39	30:15	2:37	3:22	1:48	1:04	2:38	8:54	(3+1+0+2)
460	Rebecka Oppigard	Eikesdal Skiskytterlag - Skiskyting	39:21.8	8:45.8	27:25	5:26	30:05	2:39	1:05	3:34	1:05	3:31	9:16	(0+3+0+3)
469	Maria Brenna	Skrautvål IL / Team Valdres Ski	39:37.6	9:01.6	26:32	4:33	29:05	2:32	2:44	2:33	1:49	3:24	10:32	(2+2+1+3)
480	Andrea Gjønnes	Oppdal IL / NTG-L	39:38.0	9:02.0	25:19	3:19	27:58	2:39	1:46	2:26	4:13	3:12	11:39	(1+2+4+3)
473	Alise Nekstad Grave	Fyresdal Skiskytterlag / Team TeVe	39:40.2	9:04.2	28:25	6:26	31:11	2:45	1:13	3:26	1:10	2:37	8:28	(0+3+0+2)
447	Andora Regine Aas	Hammerfest Skiklubb / NTG-T	39:44.4	9:08.4	28:55	6:56	31:47	2:52	1:59	1:08	2:52	1:57	7:57	(1+0+2+1)
479	Celina Marie Striger	Byåsen Skiskytterlag / Trondheim Biathlon	39:49.5	9:13.5	24:54	2:55	27:29	2:34	1:44	3:13	4:06	3:16	12:20	(1+3+4+3)
448	Anna Øfsthus Gravir	Asker Skiklubb	40:05.2	9:29.2	27:31	5:32	30:13	2:42	1:55	3:21	1:58	2:35	9:51	(1+3+1+2)
483	Marte Riddervold	Asker Skiklubb	40:35.3	9:59.3	27:44	5:45	30:30	2:45	2:37	2:02	1:49	3:35	10:05	(2+1+1+3)
485	Silje Bentzen Østby	Steinkjer Skiklubb / Steinkjer vgs	42:07.2	11:31.2	28:11	6:11	31:04	2:53	1:52	4:20	2:01	2:49	11:02	(1+4+1+2)
455	Tonje Nordheim	Oppdal IL	42:17.9	11:41.9	29:00	7:01	32:04	3:03	2:50	1:53	2:02	3:27	10:13	(2+1+1+3)
450	Maria Flak	Steinkjer Skiklubb	42:35.3	11:59.3	26:54	4:54	29:41	2:47	2:47	3:19	2:45	4:01	12:53	(2+3+2+4)
471	Anna Elise Rikardsen Jaatun	Nordreisa IL	43:59.9	13:23.9	28:22	6:23	31:09	2:46	2:44	3:12	2:46	4:06	12:50	(2+3+2+4)

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K19

Startnr	Navn	Klubb / Team	Tid	Diff	Langrenn Netto	Diff	Langrenn Inkl SR	Tid Straffer.	S1	S2	S3	S4	Standplass Totalt	Born
410	Marte Carlson Møller	Trysilgutten IL / Snow Team Trysil	30:52.1	0:00.0	22:56	5	25:29	2:32	50	2:25	56	1:10	5:23	(0+2+0+0)
408	Oda Støen Kolkinn	Søndre Ål Sportsklubb / Meråker vgs	30:59.7	0:07.6	24:13	1:22	26:38	2:24	1:11	1:03	1:03	1:03	4:21	(0+0+0+0)
426	Nora Dokken Berget	Svene IL / Team Kongsberg	31:40.6	0:48.5	24:04	1:12	26:33	2:29	1:12	1:09	1:26	1:19	5:06	(0+0+0+0)
406	Åsne Skrede	Geilo IL / NTG-G	32:27.9	1:35.8	22:53	1	26:53	4:00	1:02	1:46	1:03	1:43	5:34	(1+1+1+1)
404	Anne Bunemann De Besche	Try, Idrettslaget / Wang Toppidrett	32:30.2	1:38.1	22:51	0	25:08	2:16	1:05	2:33	1:52	1:50	7:22	(0+2+1+1)
424	Mari Lindmo Kvanneberg	Ål Skiskytterlag / NTG-G	34:07.2	3:15.1	25:11	2:19	27:46	2:34	58	1:39	1:09	2:33	6:20	(0+1+0+2)
434	Nora Tjørhom	Sirdal Skilag / Sirdal Ski	34:33.9	3:41.8	24:58	2:07	27:26	2:27	2:29	1:44	1:49	1:04	7:07	(2+1+1+0)
409	Katarina Aarseth	Hålandsdal IL / Team Glalaks	34:35.4	3:43.3	24:55	2:03	28:06	3:10	1:03	3:18	17	1:49	6:29	(0+3+0+1)
427	Ingvild Tronstad Andersen	IL Bevern / Team Kongsberg	34:41.8	3:49.7	24:47	1:56	27:31	2:43	1:46	1:43	2:40	1:00	7:10	(1+1+2+0)
429	Augusta Idland	Figgjo IL / Team iSandnes	34:53.1	4:01.0	24:14	1:23	26:38	2:24	1:50	2:38	2:00	1:45	8:14	(1+2+1+1)
435	Signe Hofstad	Røros IL	35:03.7	4:11.6	25:33	2:41	27:59	2:26	1:45	2:28	1:04	1:45	7:03	(1+2+0+1)
425	Vibeke Kvistad Dengerud	Steinkjer Skiklubb / Steinkjer vgs	35:08.9	4:16.8	25:31	2:40	28:07	2:35	1:14	1:50	1:15	2:40	7:01	(0+1+0+2)
436	Ida Baasland Solbjørg	Moi IL / Sirdal Ski	35:15.3	4:23.2	25:18	2:27	27:56	2:38	1:48	1:45	2:39	1:04	7:18	(1+1+2+0)
405	Dorthe Storvik Martinussen	Fossum IF / Wang Toppidrett	35:28.9	4:36.8	25:14	2:23	27:44	2:30	2:31	2:30	57	1:45	7:44	(2+2+0+1)
419	Sara Borchgrevink	Fossum IF / Wang Toppidrett	35:29.0	4:36.9	24:29	1:38	27:02	2:32	1:51	2:21	2:28	1:45	8:26	(1+2+2+1)
414	Mathilde Lillevold	Meråker Skiskytterklubb / Meråker vgs	35:36.1	4:44.0	25:55	3:04	28:23	2:28	1:14	1:54	1:19	2:44	7:12	(0+1+0+2)
438	Sofie Bergan Bjaadal	Lier IL / NTG-L	35:38.7	4:46.6	25:02	2:10	27:33	2:30	1:08	2:33	2:34	1:48	8:05	(0+2+2+1)
420	Eira Kristine Håkonsen	Bø Skiskytterlag / Team TeVe	35:38.9	4:46.8	27:14	4:22	30:00	2:46	1:06	55	1:08	2:26	5:37	(0+0+0+2)
423	Åsne Margrete Kleiv	Idrettslaget Dyre Vaa / Team TeVe	35:39.0	4:46.9	27:30	4:39	30:07	2:37	1:15	1:51	1:16	1:07	5:31	(0+1+0+0)
428	Hedda Tveiten	Svene IL / Team Kongsberg	35:56.0	5:03.9	28:02	5:11	30:42	2:40	1:08	1:51	1:06	1:05	5:13	(0+1+0+0)
407	Maren Bjørken	Stiklestad IL / Steinkjer vgs	36:11.9	5:19.8	26:44	3:53	29:20	2:36	1:08	1:11	2:40	1:50	6:50	(0+0+2+1)
411	Sanna Bjørkli	Froland IL / Sirdal Ski	36:12.2	5:20.1	25:07	2:15	27:41	2:34	2:02	2:32	2:05	1:49	8:30	(1+2+1+1)
417	Emilie Katrine Bilgrav Sæther	Østre Toten Skilag / Team Lygna skiskyting	36:32.1	5:40.0	28:19	5:28	30:53	2:33	1:59	1:13	1:10	1:15	5:38	(1+0+0+0)
418	Lisa Neraas	Fossum IF / Wang Toppidrett	36:32.4	5:40.3	25:10	2:19	27:38	2:27	2:46	3:16	1:02	1:49	8:54	(2+3+0+1)

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Startnr	Navn	Klubb / Team	Tid	Diff	Langrenn Netto	Diff	Langrenn Inkl SR	Tid Straffer.	S1	S2	S3	S4	Standplass Totalt	Born
415	Synne Håstul Flom	Drangedal Idrettslag - Skiskyting / Meråker	36:33.8	5:41.7	26:01	3:09	28:43	2:42	1:10	1:07	2:44	2:47	7:49	(0+0+2+2)
412	Kristine Hokseng Øien	Oppdal IL / Meråker vgs	36:50.5	5:58.4	24:25	1:34	27:01	2:35	3:14	3:14	1:41	1:38	9:49	(3+3+1+1)
431	Benedicte Stien Schreiner	Skonseng UL / Team Polarsirkelen ski	36:53.6	6:01.5	23:23	31	25:47	2:24	2:38	3:13	1:54	3:19	11:05	(2+3+1+3)
432	Thyra Grimstad Strand	Bø Skiskytterlag / Team TeVe	36:58.7	6:06.6	26:22	3:31	29:04	2:41	2:35	1:45	1:08	2:24	7:53	(2+1+0+2)
413	Ingvild Røstad	Stiklestad IL / Steinkjer vgs	37:12.6	6:20.5	27:41	4:50	30:25	2:43	1:59	1:03	2:43	1:02	6:47	(1+0+2+0)
437	Marthe Dehn	Bærums Skiklub	37:42.1	6:50.0	24:29	1:38	26:52	2:23	3:17	2:32	1:46	3:12	10:49	(3+2+1+3)
430	Anne Marie Roset	Markane IL / Stryn vgs	38:15.5	7:23.4	27:07	4:16	29:45	2:38	2:35	1:43	1:02	3:08	8:29	(2+1+0+3)
433	Ingeborg Heggdal	Molde og Omegn IF	40:54.8	10:02.7	33:00	10:09	36:09	3:08	1:12	1:08	1:16	1:07	4:45	(0+0+0+0)
421	Kristel Haltbrekken	Steinkjer Skiklubb / Steinkjer vgs	41:37.2	10:45.1	27:18	4:26	30:00	2:42	2:04	3:24	3:36	2:31	11:36	(1+3+3+2)

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## K20-21

Startnr	Navn	Klubb / Team	Tid	Diff	Langrenn Netto	Diff	Langrenn Inkl SR	Tid Straffer.	S1	S2	S3	S4	Standplass Totalt	Born
52	Marit Ishol Skogan	Steinkjer Skiklubb	35:16.1	0:00.0	29:17	40	31:38	2:21	56	52	59	48	3:37	(0+0+0+0)
64	Juni Arnekleiv	Dombås IL	36:37.4	1:21.3	28:37	0	31:01	2:24	51	54	54	2:55	5:35	(0+0+0+2)
50	Guri Sandvold	Tynset IF / Team Toyota Slettum Bil	37:33.4	2:17.3	29:59	1:21	32:22	2:23	1:05	1:00	1:06	1:58	5:10	(0+0+0+1)
68	Vilde Aurora Gusevik Skotland	Try, Idrettslaget / Holmenkollen Biathlon	37:42.3	2:26.2	29:08	31	31:35	2:26	45	1:45	49	2:46	6:07	(0+1+0+2)
42	Marthe Kråkstad Johansen	Bossmo & Ytteren IL / Team Polarsirkelen	38:22.4	3:06.3	29:24	46	31:44	2:20	53	2:54	1:57	51	6:37	(0+2+1+0)
59	Hilde Fosse	Voss Skiskytterlag / Team Glalaks	38:29.8	3:13.7	28:50	13	31:23	2:33	1:45	2:46	49	1:44	7:05	(1+2+0+1)
44	Marit Øygard	Skrautvål IL	38:34.0	3:17.9	30:23	1:46	32:49	2:26	59	1:55	54	1:54	5:44	(0+1+0+1)
41	Ane Einbu Baugerød	IL Bevern / Team Woodcon	38:57.2	3:41.1	29:56	1:19	32:23	2:27	2:04	58	1:04	2:25	6:33	(1+0+0+1)
57	Amalie Kristine Triumf	Nordreisa IL / Nordreisa vgs	39:20.7	4:04.6	32:01	3:24	34:35	2:33	1:10	1:07	1:16	1:11	4:45	(0+0+0+0)
43	Andrine Håstul Flom	Drangedal Idrettslag - Skiskyting / Team Te	39:34.2	4:18.1	30:27	1:50	33:01	2:34	1:08	2:05	2:11	1:06	6:32	(0+1+1+0)
39	Marte Lien Johnsen	Byåsen Skiskytterlag / Trondheim Biathlon	39:36.0	4:19.9	30:20	1:43	32:48	2:28	1:02	2:41	2:04	58	6:47	(0+1+1+0)
65	Ine Skjellum	Søndre Ål Sportsklubb / Team Lygna skisk	39:45.9	4:29.8	30:13	1:36	32:35	2:21	2:03	1:00	2:06	1:59	7:10	(1+0+1+1)
67	Nora Landerud Svingen	Svene IL / Team Geilo	40:01.5	4:45.4	32:27	3:50	35:06	2:39	1:56	1:03	56	58	4:54	(1+0+0+0)
48	Mari Wetterhus	Svene IL	40:18.7	5:02.6	29:25	48	31:55	2:29	51	1:51	3:53	1:46	8:23	(0+1+3+1)
62	Andrine Øverland Hatling	Fana IL / Team Glalaks	40:23.9	5:07.8	29:53	1:16	32:18	2:25	3:00	1:00	2:01	2:03	8:05	(2+0+1+1)
51	Kjersti Kvistad Dengerud	Steinkjer Skiklubb / Team Kjelstad	40:24.0	5:07.9	30:11	1:34	32:38	2:26	1:01	2:52	3:01	50	7:45	(0+2+2+0)
47	Silje Fosse	Voss Skiskytterlag	40:46.3	5:30.2	31:07	2:29	33:44	2:37	57	3:02	1:00	2:01	7:01	(0+2+0+1)
53	Kristina Hipolan Bergmann	Drangedal Idrettslag - Skiskyting / Sirdal SI	40:54.1	5:38.0	29:13	36	31:38	2:24	3:09	3:05	2:02	58	9:15	(2+2+1+0)
73	Frida Dahl	Steinkjer Skiklubb / Trondheim Biathlon Te	40:56.8	5:40.7	29:32	55	31:57	2:24	59	2:56	2:55	2:07	8:59	(0+2+2+1)
60	Tora Eid Løvås	Trondhjems Skiskyttere / Trondheim Biathl	41:15.7	5:59.6	32:00	3:23	34:38	2:37	1:38	54	1:03	3:00	6:37	(0+0+0+2)
66	Stina Brattgard	Ål Skiskytterlag / Team Woodcon	41:16.9	6:00.8	30:56	2:19	33:24	2:27	59	1:59	4:00	52	7:52	(0+1+3+0)
61	Ingrid Stølan Husøy	Molde og Omegn IF	41:50.4	6:34.3	31:41	3:04	34:10	2:28	1:07	2:14	1:04	3:13	7:39	(0+1+0+2)
55	Sigrid Bredde Vig	Drammen Strong	41:59.8	6:43.7	32:43	4:06	35:22	2:38	52	2:50	1:57	56	6:36	(0+2+1+0)
54	Ingrid Kristine Wright-Hagen	Åsnes Skiskytterlag / Team Woodcon	42:05.3	6:49.2	31:22	2:44	33:46	2:24	2:02	2:08	2:06	2:01	8:18	(1+1+1+1)

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## K20-21

Startnr	Navn	Klubb / Team	Tid	Diff	Langrenn Netto	Diff	Langrenn Inkl SR	Tid Straffer.	S1	S2	S3	S4	Standplass Totalt	Born
70	Emma Krogh Pedersen	Bardu IL / Nordreisa vgs	42:28.5	7:12.4	32:38	4:01	35:11	2:33	2:09	56	2:11	1:59	7:16	(1+0+1+1)
49	Kristin Mestad	Torridal IL - Skiskyting / Sirdal Ski	43:06.6	7:50.5	33:40	5:03	36:21	2:40	1:17	1:01	3:26	1:00	6:45	(0+0+2+0)
56	Hildegunn Vekseth	Snåsa Skiskytterlag / Steinkjer vgs	43:15.0	7:58.9	31:40	3:03	34:18	2:38	2:12	2:09	1:17	3:16	8:56	(1+1+0+2)
63	Kristin Sande	Kvam Langrenn- og Skiskyttarklubb / Team	44:03.7	8:47.6	33:26	4:48	36:10	2:44	1:59	2:56	55	2:00	7:52	(1+2+0+1)
40	Ingrid Nordbotten	Sandnes Skiskytterlag / Sirdal Ski	45:00.2	9:44.1	31:11	2:34	33:42	2:31	2:01	4:05	2:02	3:07	11:17	(1+3+1+2)
72	Tori Angell	Odda IL / Team Glalaks	45:01.4	9:45.3	30:22	1:45	32:57	2:34	2:58	2:58	2:03	4:03	12:04	(2+2+1+3)
45	Siri Aas	Birkenes IL / Sirdal Ski	45:23.7	10:07.6	31:29	2:52	34:06	2:37	2:05	4:05	2:06	2:58	11:17	(1+3+1+2)
58	Guro Hennissen Hermann	Stiklestad IL / Steinkjer vgs	50:04.7	14:48.6	30:46	2:09	33:22	2:36	5:15	3:06	4:19	4:00	16:42	(4+2+3+3)
46	Mina De Lange Claussen	Bærums Skiklub / Team OASSK	50:44.8	15:28.7	33:48	5:11	36:28	2:40	3:09	3:15	3:15	4:36	14:16	(2+2+2+3)

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Startnr	Navn	Klubb / Team	Tid	Diff	Langrenn Netto	Diff	Langrenn Inkl SR	Tid Straffer.	S1	S2	S3	S4	Standplass Totalt	Bom
298	Harald Øygard	Skrautvål IL / Team Kjelstad	49:46.7	0:00.0	43:21	57	46:46	3:24	16	42	16	1:44	3:00	(0+0+0+1)
290	Sturla Holm Læg Reid	Bærums Skiklub	49:50.5	0:03.8	43:32	1:08	45:38	2:05	50	1:46	47	47	4:12	(0+1+0+0)
327	Brage Reier Groven	Drammen Strong / Holmenkollen Biathlon	50:09.8	0:23.1	43:49	1:25	46:06	2:16	45	43	1:49	44	4:03	(0+0+1+0)
320	Martin Femsteinevik	Hålandsdal IL / Team Mesterbakere	51:05.7	1:19.0	43:19	55	45:30	2:10	51	49	1:57	1:57	5:35	(0+0+1+1)
316	Ole Martin Erdal	Førde IL / Holmenkollen Biathlon	51:09.9	1:23.2	43:39	1:15	45:49	2:10	1:53	1:48	54	44	5:20	(1+1+0+0)
295	Espen Uldal	Birkenes IL / Sirdal Ski	51:27.6	1:40.9	44:02	1:38	46:16	2:13	1:49	1:42	55	44	5:11	(1+1+0+0)
309	Håkon Svaland	Birkenes IL / Sirdal Ski	51:41.2	1:54.5	43:22	58	45:28	2:06	1:49	1:46	51	1:44	6:12	(1+1+0+1)
304	Kristoffer Jonsson	Vingrom IL / Team Kjelstad	51:54.5	2:07.8	45:07	2:43	48:34	3:27	16	54	15	1:52	3:19	(0+0+0+1)
313	Amund Hoff Thomassen	Sauda Skiskytterlag	52:01.1	2:14.4	43:32	1:08	45:45	2:12	1:11	1:54	1:11	1:57	6:15	(0+1+0+1)
308	Emil Nyeng	Vingrom IL / Team Mesterbakere	52:09.1	2:22.4	42:24	0	45:50	3:25	1:17	1:53	1:17	1:49	6:18	(1+1+1+1)
292	Petter Austberg Bjørn	Alvdal IL / Team Kjelstad	52:17.8	2:31.1	43:36	1:12	45:48	2:12	57	1:47	54	2:48	6:28	(0+1+0+2)
299	Markus Zachariassen Rørvik	Sandnes Skiskytterlag / Sirdal Ski	52:34.2	2:47.5	44:33	2:09	46:46	2:13	1:57	50	2:00	59	5:48	(1+0+1+0)
296	Sindre Fjellheim Jorde	Asker Skiklubb	52:34.7	2:48.0	44:17	1:53	46:32	2:15	2:49	43	1:48	41	6:01	(2+0+1+0)
301	Fredrik Mack Rørvik	Målselvs Skiskytter / Team Mesterbakere	53:10.0	3:23.3	44:04	1:40	46:19	2:14	59	2:57	1:00	1:53	6:50	(0+2+0+1)
294	Karsten Storvik Martinussen	Fossum IF / Holmenkollen Biathlon	53:41.9	3:55.2	43:20	56	45:38	2:18	1:48	3:42	53	1:38	8:03	(1+3+0+1)
293	Andreas Dahlø Wærnes	Trondhjems Skiskytter / Trondheim Biathlon	53:48.3	4:01.6	43:16	52	46:34	3:17	16	2:51	1:16	2:49	7:13	(0+2+1+2)
323	Lars Gunnar Skjevdal	Røros IL / Trondheim Biathlon Team	53:50.3	4:03.6	44:59	2:35	47:12	2:13	54	1:49	1:01	2:52	6:37	(0+1+0+2)
319	Bjarte Mørkve	Eldar IL / Team Glalaks	53:55.5	4:08.8	45:27	3:03	48:21	2:53	1:18	1:42	1:51	41	5:34	(1+1+1+0)
330	Magnus Håkonsen	Bø Skiskytterlag / Team TeVe	54:03.2	4:16.5	45:05	2:41	47:22	2:17	1:57	49	3:00	52	6:40	(1+0+2+0)
311	Martin Bjørndalen Mathisen	Simostrand IL / Team Geilo	54:21.3	4:34.6	46:45	4:21	49:04	2:19	1:55	1:46	50	44	5:16	(1+1+0+0)
287	Herman Dramdal Borge	Svene IL / Team Woodcon	54:38.5	4:51.8	43:53	1:29	46:06	2:13	57	1:45	1:59	3:49	8:31	(0+1+1+3)
318	Arild Fosse	Voss Skiskytterlag	54:45.4	4:58.7	44:02	1:38	46:11	2:09	51	4:52	55	1:53	8:33	(0+4+0+1)
288	Torstein Wiiger Opsahl	Lier IL / Trondheim Biathlon Team	54:51.7	5:05.0	45:42	3:18	47:49	2:06	45	3:45	47	1:43	7:02	(0+3+0+1)
285	Lasse Virkesdal	Vik IL / Team Glalaks	54:55.1	5:08.4	45:25	3:01	47:42	2:16	46	46	2:50	2:48	7:13	(0+0+2+2)

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## M Senior

Startnr	Navn	Klubb / Team	Tid	Diff	Langrenn Netto	Diff	Langrenn Inkl SR	Tid Straffer.	S1	S2	S3	S4	Standplass Totalt	Bom
325	Øystein Ulekleiv	Dombås IL / Team Woodcon	54:58.0	5:11.3	42:23	0	44:30	2:06	53	3:51	2:54	2:47	10:27	(0+3+2+2)
324	Markus Ims Skåland	Sandnes Skiskytterlag / Sirdal Ski	55:00.2	5:13.5	46:19	3:55	48:37	2:18	53	2:48	47	1:52	6:22	(0+2+0+1)
315	Martin Lien Spjøtvold	Trondhjems Skiskytter / Trondheim Biathlc	55:23.8	5:37.1	42:34	10	44:41	2:07	2:59	1:50	3:01	2:50	10:42	(2+1+2+2)
332	Adrian Fløttum	Sokna IL / Trondheim Biathlon Team	55:59.4	6:12.7	45:57	3:33	48:08	2:10	1:05	2:50	1:04	2:51	7:51	(0+2+0+2)
307	Leif Malvin Hjelmevoll	Vik IL / Team Glalaks	56:02.5	6:15.8	46:04	3:40	48:21	2:16	2:55	2:51	1:00	54	7:41	(2+2+0+0)
328	Endre Blikra	Trondhjems Skiskytter / Trondheim Biathlc	56:04.5	6:17.8	45:00	2:36	47:18	2:17	59	2:54	53	3:58	8:46	(0+2+0+3)
310	Simon Ågheim Kalckenberg	Skonseng UL / Team Polarsirkelen ski	56:06.3	6:19.6	46:36	4:12	48:47	2:10	1:54	1:43	1:55	1:45	7:18	(1+1+1+1)
303	Magne Harborg	Røros IL	56:26.4	6:39.7	45:51	3:27	48:10	2:19	50	1:46	3:53	1:46	8:16	(0+1+3+1)
326	Øystein Nordbotten	Sandnes Skiskytterlag / Sirdal Ski	56:36.9	6:50.2	45:42	3:19	47:58	2:15	57	3:49	2:57	53	8:38	(0+3+2+0)
322	Hogne Findal Skar	Sannidal Idrettslag	56:41.8	6:55.1	43:53	1:29	46:06	2:12	3:01	2:53	1:53	2:47	10:35	(2+2+1+2)
305	Jon Nikolai Ims Skåland	Sandnes Skiskytterlag / Sirdal Ski	57:09.6	7:22.9	47:08	4:44	49:29	2:20	1:58	1:54	1:53	1:53	7:40	(1+1+1+1)
312	Steinar Valbø	Drangedal Idrettslag - Skiskyting / Team Te	57:51.2	8:04.5	45:20	2:56	47:35	2:14	2:05	2:01	1:11	4:56	10:15	(1+1+0+4)
317	Lars Reiten	Birkenes IL / Sirdal Ski	57:57.9	8:11.2	49:36	7:12	52:02	2:26	1:02	54	1:04	2:53	5:55	(0+0+0+2)
289	Vetle Årsvoll Undheim	Figgjo IL / Sirdal Ski	58:12.3	8:25.6	46:22	3:58	48:41	2:18	1:56	2:44	57	3:52	9:31	(1+2+0+3)
314	Aleksander Morsund Karlsen	Lier IL / Team Lier Skiskyting	58:49.5	9:02.8	44:53	2:29	47:10	2:16	2:57	1:48	4:05	2:48	11:39	(2+1+3+2)
300	Brage Malm Monstad	Lier IL / Team Lier Skiskyting	59:33.2	9:46.5	49:42	7:18	52:09	2:27	1:51	1:48	1:52	1:51	7:23	(1+1+1+1)
286	Henrik Tordhol Sverdrup	Dombås IL / Team Glalaks	1:01:48.5	12:01.8	47:32	5:08	49:56	2:24	2:59	1:52	4:08	2:50	11:51	(2+1+3+2)
291	Elias Schirmer Raphael	Meråker Skiskytterklubb	1:02:12.2	12:25.5	48:05	5:41	50:29	2:23	2:57	2:53	3:59	1:52	11:42	(2+2+3+1)

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Startnr	Navn	Klubb / Team	Tid	Diff	Langrenn Netto	Diff	Langrenn Inkl SR	Tid Straffer.	S1	S2	S3	S4	Standplass Totalt	Born
253	Emil Hage Streitlien	Folldal IF / Team Toyota Slettum Bil	35:19.4	0:00.0	26:41	36	28:47	2:06	51	1:40	1:35	2:25	6:31	(0+1+1+2)
237	Jakob Høsøien	Tynset IF / Team Toyota Slettum Bil	35:42.2	0:22.8	27:34	1:29	29:52	2:17	52	2:23	54	1:38	5:49	(0+2+0+1)
254	Kristian Oleander Falmår	Snåsa Skiskytterlag / Steinkjer vgs	36:21.5	1:02.1	27:46	1:42	30:02	2:15	1:50	1:39	1:02	1:45	6:18	(1+1+0+1)
243	Vemund Kragh	IL Bevern / NTG-G	36:27.6	1:08.2	27:25	1:21	29:40	2:15	1:48	2:19	1:48	50	6:46	(1+2+1+0)
252	Christian Thon Christensen	Skrautvål IL / Team Valdres Ski	36:44.0	1:24.6	28:55	2:51	31:12	2:16	1:00	56	1:01	2:33	5:31	(0+0+0+2)
255	Hans Knoph Birkeland	Fossum IF	36:50.5	1:31.1	28:29	2:24	30:51	2:22	1:10	1:01	1:59	1:47	5:58	(0+0+1+1)
233	Johannes Willassen	Oslo Skiskytterlag / NTG-L	37:18.9	1:59.5	27:30	1:25	29:40	2:09	1:52	2:22	1:50	1:33	7:38	(1+2+1+1)
279	Lars Fauchald	Østre Toten Skilag / Team Lygna skiskyting	37:21.6	2:02.2	27:53	1:49	30:03	2:09	2:38	2:32	1:01	1:04	7:18	(2+2+0+0)
274	Bendik Vereide	Stårheim IL / Stryn vgs	37:26.4	2:07.0	28:13	2:08	30:34	2:20	1:03	1:05	1:05	3:37	6:52	(0+0+0+3)
220	Vegard Thon	Skrautvål IL / Team Valdres Ski	37:31.3	2:11.9	26:04	0	28:14	2:09	1:47	3:15	2:36	1:37	9:17	(1+3+2+1)
244	Halvor Trondssønn Hove	Idrettslaget Dyre Vaa / Team TeVe	37:44.8	2:25.4	27:41	1:36	30:02	2:21	2:47	1:12	2:41	1:00	7:42	(2+0+2+0)
260	Oskar Guddal Breivik	Markane IL / Stryn vgs	38:03.8	2:44.4	27:09	1:04	29:29	2:20	1:46	1:48	3:18	1:41	8:34	(1+1+3+1)
225	Anders Baasland Solbjørg	Moi IL / Sirdal Ski	38:05.0	2:45.6	28:23	2:19	30:42	2:18	3:14	49	1:41	1:37	7:22	(3+0+1+1)
240	Albert Riseth	Snåsa Skiskytterlag / Steinkjer vgs	38:12.2	2:52.8	28:47	2:42	31:14	2:26	2:37	2:26	1:00	52	6:58	(2+2+0+0)
270	Odin Høie Vollum	Mjøsski / Team Woodcon	38:27.3	3:07.9	28:42	2:38	31:07	2:24	1:14	2:32	1:11	2:21	7:19	(0+2+0+2)
256	Oscar Strandsæter Engelién	Fet Skiklubb	38:28.9	3:09.5	28:27	2:22	30:41	2:14	1:52	2:24	1:53	1:36	7:47	(1+2+1+1)
248	Ole Tafjord Suhrke	Ivrig IL / NTG-G	38:30.4	3:11.0	28:03	1:58	31:06	3:03	1:00	2:16	17	3:49	7:24	(0+2+0+4)
273	Thomas Haugerud Øverland	Seljord Idrettslag / Team TeVe	38:47.0	3:27.6	27:39	1:35	30:08	2:28	1:45	1:50	1:46	3:15	8:38	(1+1+1+3)
218	Arnt Johan Tungen	Orkdal IL / Team Knyken	38:47.9	3:28.5	27:12	1:07	31:02	3:50	19	3:10	1:49	2:25	7:45	(0+3+2+2)
262	Mattias Stakkeland	Knaben og Fjotland IL / NTG-L	39:00.4	3:41.0	28:15	2:10	30:30	2:15	1:44	3:13	59	2:32	8:29	(1+3+0+2)
228	Ask Haughovd	Stårheim IL / Stryn vgs	39:01.0	3:41.6	29:47	3:43	33:10	3:22	2:33	1:51	19	1:06	5:50	(2+1+0+0)
278	Iver Slupphaug	Orkdal IL / Team Knyken	39:03.8	3:44.4	27:47	1:43	30:39	2:51	1:48	2:25	1:00	3:09	8:24	(2+2+0+3)
238	Mathias Hegre	Sirdal Skilag / Sirdal Ski	39:29.4	4:10.0	27:36	1:32	29:54	2:17	1:04	3:17	1:02	4:10	9:34	(0+3+0+4)
269	Bjørn Lindvik Stubrud	Vingrom IL / NTG-L	39:30.3	4:10.9	26:57	52	29:07	2:10	4:09	3:18	1:09	1:45	10:22	(4+3+0+1)

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Startnr	Navn	Klubb / Team	Tid	Diff	Langrenn Netto	Diff	Langrenn Inkl SR	Tid Straffer.	S1	S2	S3	S4	Standplass Totalt	Born
257	Sivert Garli	Sokna IL / Trondheim Biathlon Team	39:33.2	4:13.8	28:28	2:24	30:51	2:22	1:34	2:21	51	3:53	8:42	(1+2+0+4)
268	Vetle Lynum	Tromsø Skiskytterlag / NTG-T	39:37.2	4:17.8	27:55	1:51	30:14	2:18	1:10	3:15	1:44	3:11	9:22	(0+3+1+3)
229	Mathias Sørnes	Lier IL / NTG-G	39:40.5	4:21.1	26:25	21	28:38	2:12	2:38	3:16	1:52	3:14	11:02	(2+3+1+3)
246	Jens-Henrik Hegg	Vik IL / Stryn vgs	39:46.1	4:26.7	28:13	2:08	30:28	2:15	2:31	3:13	1:04	2:26	9:17	(2+3+0+2)
235	Christian Friis Rud	Fossum IF / Wang Toppidrett	40:01.8	4:42.4	27:59	1:54	30:18	2:18	1:53	2:28	2:40	2:41	9:43	(1+2+2+2)
230	Christian Fjærli Aune	Trondhjems Skiskyttere / Trondheim Biathlc	40:06.3	4:46.9	30:18	4:14	34:20	4:01	19	2:31	19	2:35	5:46	(0+2+0+2)
232	Vinjar Aurstad Berland	Vingrom IL	40:11.4	4:52.0	28:17	2:12	30:29	2:12	2:35	2:32	1:13	3:19	9:41	(2+2+0+3)
247	Henrik Wahlstrøm	Try, Idrettslaget / Wang Toppidrett	40:12.4	4:53.0	28:14	2:09	30:32	2:17	2:35	3:18	1:13	2:33	9:40	(2+3+0+2)
275	Olav Aukan Stenersen	Asker Skiklubb	40:18.9	4:59.5	29:07	3:03	31:27	2:19	2:42	2:33	1:06	2:28	8:51	(2+2+0+2)
263	Olav Solan Knudsen Renolen	Fet Skiklubb / NTG-L	40:35.0	5:15.6	28:38	2:33	30:58	2:20	2:36	3:18	1:49	1:50	9:36	(2+3+1+1)
236	Tobias Alm	Østre Toten Skilag / NTG-L	40:41.2	5:21.8	27:46	1:41	30:46	3:00	1:46	3:15	3:15	1:37	9:54	(2+3+3+1)
249	Ådne Ulset	Vingrom IL	41:07.6	5:48.2	28:53	2:48	31:06	2:13	2:46	1:49	2:48	2:36	10:00	(2+1+2+2)
242	Torjus Lindefjeld	Bærums Skiklub	41:10.1	5:50.7	29:05	3:01	31:31	2:26	1:09	2:36	2:40	3:11	9:38	(0+2+2+3)
224	Vegard Otterlei Virum	Byåsen Skiskytterlag / Trondheim Biathlon	41:21.1	6:01.7	27:37	1:33	30:01	2:24	2:31	3:52	3:13	1:41	11:19	(2+4+3+1)
245	Brynjar Thorshaug	Alvdal IL / Team Toyota Slettum Bil	41:42.2	6:22.8	28:12	2:07	30:27	2:15	1:40	3:50	54	4:48	11:14	(1+4+0+5)
221	Vegard Værnes	Rennebu IL / Meråker vgs	41:57.5	6:38.1	30:59	4:54	33:26	2:27	1:48	2:25	1:48	2:28	8:30	(1+2+1+2)
227	Simen Aaberg Skar	Asker Skiklubb	41:58.9	6:39.5	27:35	1:31	29:49	2:14	3:42	1:58	3:42	2:45	12:08	(3+1+3+2)
219	Eirik Hjartnes	Häländsdal IL / Team Glalaks	42:06.8	6:47.4	28:57	2:52	32:19	3:21	1:50	3:22	17	4:16	9:47	(1+3+0+4)
239	Henrik Ledang	Alvdal IL / Team Toyota Slettum Bil	42:15.4	6:56.0	31:10	5:05	34:24	3:14	1:03	3:15	1:02	2:28	7:51	(0+3+1+2)
234	Jann Krister Benberg	Byåsen Skiskytterlag / Trondheim Biathlon	42:19.8	7:00.4	28:12	2:08	30:33	2:20	3:22	2:37	3:18	2:27	11:46	(3+2+3+2)
250	Truls August Krogh	Nordkyn IL / Nordreisa vgs	42:32.3	7:12.9	30:45	4:40	33:21	2:36	1:23	1:58	4:33	1:15	9:11	(0+1+1+3)
226	Sondre Michael Brännare-Gran	Bærums Skiklub	43:10.6	7:51.2	29:07	3:03	31:25	2:17	4:02	2:41	3:19	1:42	11:45	(4+2+3+1)
277	Odin Dokken Berget	Svene IL / Team Kongsberg	43:19.5	8:00.1	27:24	1:20	29:42	2:17	3:30	3:22	2:43	4:00	13:37	(3+3+2+4)
276	Eivind Gaastjønn	Fyresdal Skiskytterlag / Team TeVe	44:21.6	9:02.2	27:08	1:03	29:22	2:13	4:18	4:21	2:46	3:32	14:59	(4+4+2+3)

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Startnr	Navn	Klubb / Team	Tid	Diff	Langrenn Netto	Diff	Langrenn Inkl SR	Tid Straffer.	S1	S2	S3	S4	Standplass Totalt	Born
265	Mathias Halseth	Rennebu IL / Meråker vgs	44:32.2	9:12.8	30:44	4:39	33:12	2:28	2:30	2:19	4:08	2:20	11:19	(2+2+4+2)
231	Tobias Hallingstad	Bærums Skiklub	44:34.8	9:15.4	31:04	4:59	33:29	2:25	1:48	3:36	2:49	2:49	11:05	(1+3+2+2)
267	Øyvind Henanger Halvorsen	Hålandsdal IL / Team Glalaks	45:42.0	10:22.6	29:59	3:55	32:24	2:24	4:53	2:30	3:27	2:26	13:17	(5+2+3+2)
241	Henrik Johannes Belbo	Steinkjer Skiklubb / Steinkjer vgs	45:48.4	10:29.0	32:47	6:42	35:26	2:39	3:21	2:27	2:00	2:32	10:21	(3+2+1+2)
258	Oskar Kristian Gisleberg	Søndre Ål Sportsklubb / Team Lygna skisk	46:06.3	10:46.9	29:46	3:42	32:18	2:31	3:27	4:07	2:44	3:28	13:47	(3+4+2+3)
266	Jørgen Borchgrevink	Fossum IF	46:09.5	10:50.1	31:56	5:51	34:39	2:43	2:31	3:16	1:49	3:52	11:30	(2+3+1+4)
264	Bastian Skutbergsveen	Mjøsski / Team Toyota Slettum Bil	46:16.2	10:56.8	30:35	4:30	33:13	2:38	3:20	2:28	3:59	3:13	13:02	(3+2+4+3)
261	Jonas Ofte Holløkken	Bø Skiskytterlag / Team TeVe	46:41.6	11:22.2	30:03	3:58	32:24	2:21	4:53	2:40	2:38	4:05	14:16	(5+2+2+4)
271	Peder Feten	Ål Skiskytterlag	47:27.7	12:08.3	30:43	4:39	33:11	2:27	4:17	4:05	1:50	4:03	14:15	(4+4+1+4)
223	Anders Woo Weium Amdal	Fossum IF	49:27.9	14:08.5	31:23	5:19	33:57	2:33	2:23	4:06	5:03	3:57	15:30	(1+4+5+4)

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Startnr	Navn	Klubb / Team	Tid	Diff	Langrenn Netto	Diff	Langrenn Inkl SR	Tid Straffer.	S1	S2	S3	S4	Standplass Totalt	Born
182	Martin Nevland	Figgjo IL / Team iSandnes	33:23.8	0:00.0	25:26	0	27:38	2:11	1:39	50	56	2:19	5:45	(1+0+0+2)
181	Martin Uldal	Birkenes IL / NTG-L	34:23.2	0:59.4	25:41	15	27:50	2:08	1:45	1:31	2:30	46	6:33	(1+1+2+0)
157	Tobias Ottersen	Ullensaker Skiklubb / NTG-L	34:23.8	1:00.0	25:59	33	29:20	3:20	17	1:29	1:02	2:14	5:03	(0+1+1+2)
204	Raimond Haugom Strömvall	Østre Toten Skilag / NTG-L	34:34.3	1:10.5	26:47	1:20	29:00	2:13	1:03	1:39	1:06	1:44	5:33	(0+1+0+1)
179	Morten Hol	Målselvs Skiskytterere	35:53.2	2:29.4	25:51	24	28:05	2:14	1:44	2:29	2:36	56	7:47	(1+2+2+0)
174	Kasper Dagsland Gulbrandsen	Bø Skiskytterlag / Sirdal vgs	35:56.3	2:32.5	27:37	2:10	29:56	2:19	57	2:24	1:48	48	5:59	(0+2+1+0)
175	Morten Tørnblad Sameien	Fet Skiklubb / NTG-L	35:57.3	2:33.5	26:51	1:25	29:05	2:14	2:20	43	2:19	1:28	6:51	(2+0+2+1)
151	Amund Grann Vingelen	Vingelen IL / Team Toyota Slettum Bil	36:24.5	3:00.7	26:14	48	28:33	2:19	1:46	2:28	1:05	2:30	7:50	(1+2+0+2)
152	Trym Silsand Gerhardsen	Tromsø Skiskytterlag / NTG-T	36:27.3	3:03.5	25:59	32	28:19	2:20	2:27	48	2:29	2:22	8:08	(2+0+2+2)
143	Vegard Steinbakken	Hattfjelldal IL / Meråker vgs	36:31.9	3:08.1	27:51	2:24	30:11	2:19	1:01	59	1:51	2:28	6:20	(0+0+1+2)
170	Sondre Gjesbakk	Bossmo & Ytteren IL / NTG-G	36:33.7	3:09.9	26:06	39	28:23	2:17	54	3:08	1:41	2:25	8:09	(0+3+1+2)
147	Aksel Emil Aasbø	Try, Idrettslaget	36:39.0	3:15.2	26:33	1:07	28:52	2:18	2:33	2:31	1:02	1:39	7:46	(2+2+0+1)
189	Peder Fekjan Solheim	Svene IL / NTG-G	37:02.2	3:38.4	25:52	25	28:14	2:21	3:11	1:36	1:42	2:17	8:48	(3+1+1+2)
164	Mads Huken Mathiesen	Ullensaker Skiklubb / NTG-L	37:37.8	4:14.0	26:49	1:23	29:07	2:17	1:51	2:27	2:34	1:36	8:30	(1+2+2+1)
161	Ole Amund Bonden Hørthe	Lier IL / NTG-G	37:39.9	4:16.1	27:30	2:03	29:46	2:16	2:32	58	2:40	1:42	7:53	(2+0+2+1)
160	Henrik Kraft	Skatval Skilag	37:41.7	4:17.9	28:19	2:52	30:39	2:20	1:00	59	1:45	3:16	7:01	(0+0+1+3)
163	Gaute Kvittum Nytrøen	Tynset IF / Team Toyota Slettum Bil	37:50.9	4:27.1	26:41	1:15	28:59	2:17	1:57	2:28	1:57	2:28	8:51	(1+2+1+2)
197	Olav Markus Tveit Aakre	Sannidal Idrettslag / NTG-G	37:51.1	4:27.3	26:53	1:27	29:12	2:18	1:17	2:39	1:57	2:43	8:39	(0+2+1+2)
200	Lars De Bartolo	Gjerstad IL / Sirdal Ski	38:01.6	4:37.8	28:18	2:51	30:40	2:22	2:46	51	2:00	1:42	7:21	(2+0+1+1)
183	Magnus Midthjell Gjørven	Markane IL	38:04.5	4:40.7	28:27	3:00	31:39	3:12	1:52	1:00	1:04	2:26	6:24	(1+0+1+2)
153	Øistein Fagerli Næss	Gjerdrum IL	38:08.5	4:44.7	28:29	3:02	30:53	2:23	1:17	2:40	1:13	2:03	7:15	(0+2+0+1)
185	Oskar Kjos	Ullensaker Skiklubb / NTG-G	38:22.6	4:58.8	26:46	1:19	29:03	2:16	2:36	2:28	1:49	2:25	9:19	(2+2+1+2)
154	Even Martinsson	Åsnes Skiskytterlag	38:25.9	5:02.1	27:30	2:04	29:50	2:19	1:00	2:30	1:49	3:15	8:35	(0+2+1+3)
184	Sander Larspllass Johansen	Try, Idrettslaget / Wang Toppidrett	38:29.8	5:06.0	28:37	3:11	31:01	2:23	1:44	3:55	56	51	7:28	(1+4+0+0)

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Startnr	Navn	Klubb / Team	Tid	Diff	Langrenn Netto	Diff	Langrenn Inkl SR	Tid Straffer.	S1	S2	S3	S4	Standplass Totalt	Born
211	Magnus Iver Seljeset	Hornindal IL / Stryn vgs	38:31.2	5:07.4	27:47	2:20	29:54	2:07	1:57	2:32	1:57	2:09	8:36	(1+2+1+1)
172	Torbjørn Stuen	Rennebu IL / Meråker vgs	38:32.0	5:08.2	28:41	3:15	30:58	2:16	1:53	2:31	1:12	1:56	7:33	(1+2+0+1)
196	Håkon Halseth	Rennebu IL / NTG-L	38:41.5	5:17.7	28:27	3:01	30:45	2:17	1:03	3:15	1:48	1:48	7:56	(0+3+1+1)
141	Åsbjørn Langeland Øvland	Øvrebø IL / Sirdal Ski	39:06.7	5:42.9	28:25	2:58	30:46	2:20	1:09	2:42	1:11	3:16	8:20	(0+2+0+3)
162	Christoffer Eidissen	Fossum IF / Wang Toppidrett	39:19.7	5:55.9	28:07	2:40	30:19	2:12	1:16	1:42	3:34	2:26	9:00	(0+1+3+2)
173	Knut Dahlen Aspenes	Skatval Skilag / Meråker vgs	39:22.5	5:58.7	27:40	2:14	30:00	2:19	2:33	2:29	1:55	2:23	9:21	(2+2+1+2)
195	Jonas Linset	Skatval Skilag / Meråker vgs	39:28.5	6:04.7	29:43	4:16	32:15	2:31	1:03	2:32	1:48	1:47	7:13	(0+2+1+1)
178	Even Uhlin-Engstu	Heddal Idrettslag / Team TeVe	39:28.6	6:04.8	28:33	3:06	30:57	2:23	1:03	3:13	2:34	1:39	8:31	(0+3+2+1)
205	Marius Møller	Steinkjer Skiklubb / Steinkjer vgs	39:29.7	6:05.9	28:01	2:35	30:18	2:16	1:44	1:36	2:31	3:18	9:11	(1+1+2+3)
158	Iver Owren	Vingrom IL / NTG-L	39:42.7	6:18.9	28:37	3:11	31:09	2:31	1:59	2:38	1:19	2:35	8:32	(1+2+0+2)
192	Sigurd Grevstad	Fossum IF	39:55.1	6:31.3	30:30	5:03	33:05	2:35	1:14	2:35	1:12	1:47	6:49	(0+2+0+1)
156	Magnus Aasbø	Gjerstad IL / Sirdal Ski	40:07.7	6:43.9	28:29	3:03	30:54	2:24	2:39	1:48	1:26	3:18	9:13	(2+1+0+3)
168	Arne August Dalene	Birkenes IL / Sirdal Ski	40:10.9	6:47.1	30:16	4:50	34:25	4:08	19	2:31	1:04	1:50	5:45	(0+2+1+1)
191	Martin Jenssen Sandvik	Skatval Skilag / Meråker vgs	40:20.1	6:56.3	28:47	3:21	31:22	2:34	1:53	3:19	1:54	1:49	8:57	(1+3+1+1)
148	Håvard Heggland	Froland IL / Sirdal Ski	40:22.3	6:58.5	28:04	2:38	30:21	2:16	1:46	2:27	2:33	3:13	10:00	(1+2+2+3)
202	Sigurd Bekken Woldengen	Tingelstad Skiskytterklubb / Team Lygna sk	40:23.0	6:59.2	29:41	4:15	32:01	2:19	1:54	1:50	2:44	1:51	8:21	(1+1+2+1)
190	Rasmus August Schiellerup	Geilo IL / NTG-G	40:27.8	7:04.0	27:56	2:30	30:18	2:21	1:48	2:33	2:35	3:12	10:09	(1+2+2+3)
207	Vebjørn Kvello Fjeldstad	Tromsø Skiskytterlag	40:40.5	7:16.7	29:49	4:22	32:18	2:29	2:25	2:21	2:41	51	8:21	(2+2+2+0)
187	Einar Hedegart	Inderøy IL / Steinkjer vgs	40:41.6	7:17.8	27:01	1:35	29:20	2:18	1:43	3:13	2:30	3:54	11:21	(1+3+2+4)
210	Sander Fremo Lefdal	Byåsen Skiskytterlag / Trondheim Biathlon	40:42.5	7:18.7	29:59	4:32	32:31	2:32	2:40	2:31	1:08	1:50	8:10	(2+2+0+1)
209	Anders Melaaen Døssland	Lier IL / Wang Toppidrett	40:56.9	7:33.1	28:27	3:01	30:54	2:27	2:43	2:38	1:12	3:27	10:01	(2+2+0+3)
203	Jørgen Brones Stenersen	Målselv Skiskyttere	40:56.9	7:33.1	27:02	1:35	29:14	2:11	1:46	2:24	3:31	3:59	11:42	(1+2+3+4)
206	Mats Maalø	Skatval Skilag / Meråker vgs	41:05.4	7:41.6	28:40	3:13	31:07	2:26	1:10	4:06	2:47	1:53	9:58	(0+4+2+1)
150	Eilev Aa Klokk	Vingrom IL	41:14.3	7:50.5	28:51	3:25	31:26	2:34	3:19	1:49	1:59	2:38	9:48	(3+1+1+2)

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Startnr	Navn	Klubb / Team	Tid	Diff	Langrenn Netto	Diff	Langrenn Inkl SR	Tid Straffer.	S1	S2	S3	S4	Standplass Totalt	Born
212	Troy Tangen	Bossekop UL - Skiskyting	41:16.1	7:52.3	28:16	2:49	30:46	2:30	4:09	1:51	1:56	2:32	10:29	(4+1+1+2)
169	Emil Kristian Kjeldsø Sjøberg	Tromsø Skiskytterlag / Meråker vgs	41:16.5	7:52.7	28:34	3:08	31:09	2:34	2:46	1:55	3:32	1:52	10:06	(2+1+3+1)
188	Espen Haugøy	Try, Idrettslaget / Wang Toppidrett	41:16.9	7:53.1	27:36	2:09	29:51	2:15	2:32	52	4:50	3:10	11:24	(2+0+5+3)
193	Brian Hofstad	Skatval Skilag	41:29.2	8:05.4	29:08	3:42	32:28	3:19	18	3:18	1:19	4:04	9:00	(0+3+0+4)
144	Sigurd Holemark	Hønefoss Skiskytterklubb / NTG-G	41:31.4	8:07.6	30:23	4:57	32:47	2:23	2:41	1:42	1:04	3:15	8:43	(2+1+0+3)
177	Herman Brunborg	Nittedal Skiskytterlag	41:35.3	8:11.5	27:18	1:52	29:45	2:27	2:38	2:30	2:34	4:06	11:49	(2+2+2+4)
165	Thomas Austheim	Steinkjer Skiklubb / Steinkjer vgs	41:35.7	8:11.9	25:53	26	29:15	3:22	1:47	4:06	2:05	4:21	12:20	(2+4+1+4)
198	Nikolai Aslaksen	Bossmo & Ytteren IL / Team Polarsirkelen	41:56.3	8:32.5	27:19	1:53	29:34	2:14	2:02	3:21	3:37	3:20	12:22	(1+3+3+3)
171	Sebastian Stolen Antonsen	IL Bevern / Team Kongsberg	42:17.2	8:53.4	29:07	3:41	31:34	2:26	2:46	3:21	2:46	1:48	10:42	(2+3+2+1)
201	Martin Aaland	Hardbagg IL / Stryn vgs	42:17.4	8:53.6	27:22	1:56	29:41	2:18	1:54	1:39	4:09	4:52	12:36	(1+1+4+5)
166	Hans Tvilde	Voss Skiskytterlag / Team Glalaks	42:32.3	9:08.5	29:34	4:08	32:01	2:26	1:52	3:23	1:59	3:15	10:30	(1+3+1+3)
142	Ole Feten	Ål Skiskytterlag / Nordreisa vgs	42:38.5	9:14.7	31:22	5:56	33:55	2:32	1:47	2:32	1:07	3:15	8:42	(1+2+0+3)
167	Trym Blegeberg Skibrek	Simostranda IL / Team Skiguard Buskerud	42:39.2	9:15.4	33:39	8:13	36:23	2:44	58	1:48	1:00	2:28	6:15	(0+1+0+2)
146	Torjus Engeset Woldsund	Volda Turn og IL / Stryn vgs	43:00.8	9:37.0	30:15	4:48	33:20	3:05	48	3:07	2:34	3:09	9:39	(0+3+3+3)
145	Jonas Landsem Kristiansen	Byåsen Skiskytterlag / Trondheim Biathlon	43:16.4	9:52.6	28:13	2:47	30:38	2:25	4:08	2:35	2:41	3:11	12:37	(4+2+2+3)
180	Tarald Neumann Rødland	Fossum IF	43:45.4	10:21.6	30:00	4:34	32:30	2:29	1:19	2:41	3:40	3:32	11:15	(0+2+3+3)
199	Sondre Østraat Mortensen	Fossum IF	44:14.6	10:50.8	30:53	5:27	33:24	2:31	1:55	4:13	1:56	2:43	10:49	(1+4+1+2)
149	Anders Horvei	Gjerdrum IL	45:24.4	12:00.6	29:26	3:59	31:53	2:26	4:25	3:25	3:40	1:59	13:31	(4+3+3+1)
176	Birk Otto Strøm	Oslo Skiskytterlag	46:32.4	13:08.6	31:59	6:32	34:32	2:33	3:24	2:35	2:42	3:17	12:00	(3+2+2+3)

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Startnr	Navn	Klubb / Team	Tid	Diff	Langrenn Netto	Diff	Langrenn Inkl SR	Tid Straffer.	S1	S2	S3	S4	Standplass Totalt	Born
130	Eirik Nome	Marnardal IL / Sirdal Ski	33:15.0	0:00.0	25:39	48	27:52	2:12	56	51	2:37	58	5:22	(0+0+2+0)
80	Jørgen Solhaug Sæter	Os IL / Team Toyota Slettum Bil	33:22.3	0:07.3	24:50	0	27:02	2:11	1:37	1:33	1:37	1:31	6:19	(1+1+1+1)
89	Mathias Indrelid Haugen	Østre Toten Skilag / NTG-L	33:31.5	0:16.5	25:32	41	27:44	2:12	51	2:22	50	1:42	5:46	(0+2+0+1)
119	Magnus Fjerdingen Moan	Røros IL / Team Toyota Slettum Bil	33:41.7	0:26.7	25:41	50	27:51	2:10	2:31	1:33	54	49	5:49	(2+1+0+0)
100	Ørjan Moseng	Røros IL / NTG-L	33:43.8	0:28.8	25:20	30	27:33	2:12	50	2:16	1:35	1:28	6:10	(0+2+1+1)
127	Jørgen Strøm	Alta Skiskytterlag	33:44.3	0:29.3	25:07	16	27:12	2:04	1:11	2:26	1:10	1:43	6:31	(0+2+0+1)
115	Kjerand Tronerud Kvelvane	Voss Skiskytterlag / NTG-G	34:08.4	0:53.4	26:08	1:17	28:23	2:14	52	1:34	1:42	1:35	5:44	(0+1+1+1)
81	Håvard Mo	Orkdal IL / Team Knyken	34:11.4	0:56.4	26:07	1:16	28:21	2:13	53	1:36	57	2:22	5:49	(0+1+0+2)
102	Kristian Aleksander Toresen	Oslo Skiskytterlag / Wang Toppidrett	34:28.9	1:13.9	27:43	2:52	29:57	2:14	56	49	1:05	1:38	4:30	(0+0+0+1)
79	Eirik Horten	Os IL / Team Toyota Slettum Bil	34:32.8	1:17.8	26:23	1:32	28:38	2:15	51	2:26	59	1:36	5:53	(0+2+0+1)
98	Markus Nilsen	Vingrom IL / NTG-L	34:36.5	1:21.5	27:06	2:15	29:22	2:15	1:00	1:37	1:04	1:30	5:13	(0+1+0+1)
87	Simen Eliassen Kvarme	Steinkjer Skiklubb / Steinkjer vgs	34:48.4	1:33.4	25:44	53	27:58	2:14	1:01	3:15	58	1:34	6:49	(0+3+0+1)
123	Martin Bøe Svestad	Fossum IF	35:33.8	2:18.8	27:02	2:11	29:20	2:18	57	2:27	1:04	1:43	6:12	(0+2+0+1)
85	Simon Hjelmeset Kirkeeide	Markane IL / Stryn vgs	35:34.4	2:19.4	25:43	52	29:44	4:00	18	2:58	1:02	1:30	5:50	(0+3+1+1)
116	Henning Husmo Kristiansen	Ullensaker Skiklubb / Sirdal Ski	36:19.1	3:04.1	29:04	4:13	31:23	2:19	1:50	1:02	1:07	55	4:55	(1+0+0+0)
122	Eivind Bogen Brurak	Trondhjems Skiskyttere / Heimdal vgs	36:44.3	3:29.3	26:45	1:55	29:00	2:14	1:02	1:42	1:01	3:57	7:44	(0+1+0+4)
109	Håvard Heie Bjørndal	Hålandsdal IL / Team Glalaks	36:47.4	3:32.4	28:35	3:44	31:02	2:27	1:04	1:05	1:50	1:44	5:44	(0+0+1+1)
83	Eivind Fjærbu	Froland IL	36:48.6	3:33.6	28:20	3:29	30:51	2:30	54	52	2:28	1:40	5:56	(0+0+2+1)
132	Martin Kaasen	Nordreisa IL / Nordreisa vgs	36:54.4	3:39.4	26:45	1:55	28:57	2:11	1:47	2:30	1:12	2:26	7:57	(1+2+0+2)
108	Martin Alfheim	Bossmo & Ytteren IL / NTG-L	36:55.1	3:40.1	26:00	1:09	28:14	2:13	3:56	2:22	50	1:32	8:40	(4+2+0+1)
110	Andreas Striger Halset	Byåsen Skiskytterlag / NTG-L	37:05.3	3:50.3	27:19	2:28	29:42	2:22	1:41	2:21	1:02	2:17	7:23	(1+2+0+2)
103	Vetle Rype Paulsen	Lier IL / NTG-G	37:05.8	3:50.8	25:45	54	27:57	2:11	2:17	1:35	2:14	3:00	9:08	(2+1+2+3)
99	Marius Årestrup Larsen	Vik IL / NTG-G	37:17.2	4:02.2	26:37	1:46	28:54	2:17	1:38	2:34	2:28	1:40	8:22	(1+2+2+1)
105	Tobias Tangstad	Stiklestad IL / Steinkjer vgs	37:24.1	4:09.1	29:21	4:30	31:56	2:35	2:00	59	1:18	1:08	5:27	(1+0+0+0)

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Startnr	Navn	Klubb / Team	Tid	Diff	Langrenn Netto	Diff	Langrenn Inkl SR	Tid Straffer.	S1	S2	S3	S4	Standplass Totalt	Born
125	Mats Øverby	Lier IL	37:25.2	4:10.2	25:54	1:03	28:12	2:17	49	3:46	1:33	3:02	9:12	(0+4+1+3)
117	Axel Kristian Rundhaug	Skonseng UL / Team Polarsirkelen ski	37:26.7	4:11.7	27:58	3:07	31:15	3:17	1:02	1:39	1:03	2:25	6:10	(0+1+1+2)
97	Arnt Tomas Sundli	Sokna IL	37:35.3	4:20.3	29:26	4:35	31:53	2:27	1:14	1:23	1:11	1:51	5:41	(0+0+0+1)
131	Håkon Nordmo	Målselvs Skiskytterere	37:36.2	4:21.2	26:49	1:58	29:03	2:14	1:47	2:27	1:47	2:29	8:32	(1+2+1+2)
104	Håkon Hauge Gunnes	Trondhjems Skiskytterere / Trondheim Biathlc	37:59.9	4:44.9	27:56	3:05	30:30	2:34	55	2:22	59	3:11	7:29	(0+2+0+3)
135	Jon Einar Rydsaa	Skonseng UL / Team Polarsirkelen ski	38:24.1	5:09.1	28:46	3:55	31:12	2:25	1:05	2:28	1:11	2:25	7:11	(0+2+0+2)
95	Ånon Flåta	Gjerstad IL / NTG-G	38:28.3	5:13.3	27:24	2:33	29:47	2:23	2:24	1:33	1:41	3:01	8:40	(2+1+1+3)
111	Peder Stalenget	Tretten Skiskytterlag / NTG-L	38:28.8	5:13.8	27:18	2:27	29:38	2:19	1:43	2:18	1:41	3:07	8:50	(1+2+1+3)
113	Ludvig Amundsen	Tretten Skiskytterlag / NTG-L	38:37.3	5:22.3	29:48	4:57	32:14	2:25	1:52	1:41	1:08	1:39	6:23	(1+1+0+1)
134	Marius Braathen Kleven	Lier IL / Meråker vgs	38:56.1	5:41.1	27:48	2:57	30:13	2:25	1:49	1:43	2:39	2:30	8:42	(1+1+2+2)
129	Eivind Sporaland	Figgjo IL / Team iSandnes	39:02.0	5:47.0	26:55	2:05	29:15	2:20	1:40	3:09	3:12	1:43	9:46	(1+3+3+1)
94	Jo Eivind Nilssen	Øystre Slidre SSL / Team Valdres Ski	39:16.6	6:01.6	27:00	2:09	29:17	2:16	1:45	2:25	1:47	4:00	9:59	(1+2+1+4)
86	Torstein Wingestad	Svene IL / Team Kongsberg	39:34.0	6:19.0	29:01	4:10	31:27	2:26	1:44	2:17	1:46	2:18	8:06	(1+2+1+2)
91	Christian Qvist Bucher-Johannessen	Fossum IF / NTG-G	39:34.7	6:19.7	26:52	2:01	29:12	2:19	1:48	2:33	2:01	3:58	10:22	(1+2+1+4)
107	Thomas Oliver Wallin Higgins	Bærums Skiklub	39:38.5	6:23.5	27:31	2:40	29:49	2:18	1:51	3:51	1:44	2:20	9:48	(1+4+1+2)
124	Sindre Sundhaugen	Østre Toten Skilag / Team Lygna skiskyting	40:07.8	6:52.8	30:02	5:11	32:15	2:13	1:46	3:16	1:05	1:43	7:52	(1+3+0+1)
133	Kristian Aasbø	Gjerstad IL / Sirdal Ski	40:14.0	6:59.0	28:04	3:13	30:28	2:23	4:09	1:01	1:57	2:37	9:45	(4+0+1+2)
136	Magnus Sellie Hansen	Skaun IL / Trondheim Biathlon Team	40:28.7	7:13.7	28:22	3:31	30:37	2:15	1:49	3:05	2:35	2:20	9:50	(1+3+2+2)
106	Erlend Solvang	Hålandsdal IL / Team Glalaks	40:30.1	7:15.1	29:02	4:11	31:30	2:28	2:24	3:08	57	2:28	8:59	(2+3+0+2)
90	Trond-André Kolstad	Vinne Skilag / Meråker vgs	41:05.8	7:50.8	30:44	5:53	34:51	4:07	1:03	1:39	1:03	2:27	6:13	(1+1+1+2)
82	Håvard Eriksson Solfeldt	Skaun IL / Team Knyken	41:32.7	8:17.7	29:40	4:49	32:10	2:30	1:49	3:12	1:01	3:18	9:21	(1+3+0+3)
120	Trym Reinsnes Lind	Fossum IF	41:47.3	8:32.3	30:48	5:57	33:20	2:32	1:45	3:15	1:46	1:39	8:26	(1+3+1+1)
93	Vegard Øverli Berg	Svene IL / Team Skiguard Buskerud	41:49.8	8:34.8	28:45	3:54	31:08	2:23	1:48	3:09	2:38	3:04	10:41	(1+3+2+3)
88	Truls Løvaas Søvik	Trondhjems Skiskytterere / Trondheim Biathlc	41:59.7	8:44.7	27:34	2:43	29:50	2:16	2:50	2:42	2:11	4:24	12:08	(2+2+1+4)

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Startnr	Navn	Klubb / Team	Tid	Diff	Langrenn Netto	Diff	Langrenn Inkl SR	Tid Straffer.	S1	S2	S3	S4	Standplass Totalt	Born
112	Morten Andre Skånøy Søraas	Skauga IL / Heimdal vgs	42:37.2	9:22.2	27:49	2:59	30:11	2:21	2:28	1:43	4:55	3:17	12:25	(2+1+5+3)
126	Max Oliver Tornøe Jonsson	Bærums Skiklub / Wang Toppidrett	42:50.6	9:35.6	28:47	3:56	31:12	2:24	2:43	3:14	3:17	2:23	11:38	(2+3+3+2)
101	Kristoffer Krogh Wetterhus	Asker Skiklubb	44:14.2	10:59.2	30:34	5:43	33:12	2:38	2:00	2:35	2:54	3:30	11:01	(1+2+2+3)
96	Emil Tangerud Viken	Simostranda IL / Team Skiguard Buskerud	45:05.7	11:50.7	30:55	6:04	34:12	3:16	1:02	2:25	2:38	4:46	10:53	(1+2+2+5)
128	Arngrim Sørumsaugen	Gjøvik Skiklubb / NTG-L	47:56.9	14:41.9	27:31	2:40	29:58	2:26	5:40	3:12	5:42	3:22	17:58	(5+2+5+3)

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Startnr	Navn	Klubb / Team	Tid	Diff	Langrenn Netto	Diff	Langrenn Inkl SR	Tid Straffer.	S1	S2	S3	S4	Standplass Totalt	Born
391	Vebjørn Sørum	Søndre Ål Sportsklubb	38:52.7	0:00.0	31:25	9	34:44	3:18	18	1:46	1:18	45	4:08	(0+1+1+0)
383	Fredrik Bucher-Johannessen	Try, Idrettslaget / Team Kjelstad	39:24.8	0:32.1	31:52	36	33:57	2:04	1:51	52	1:53	50	5:27	(1+0+1+0)
380	Simen Hårstad	Rennebu IL / TEAM HUGAAS	39:34.9	0:42.2	32:49	1:33	35:02	2:12	54	1:54	56	47	4:32	(0+1+0+0)
398	Øyvind Rikheim Haugan	Try, Idrettslaget / Holmenkollen Biathlon	39:48.2	0:55.5	33:21	2:05	35:35	2:13	48	1:47	54	41	4:12	(0+1+0+0)
395	Sivert Guttorm Bakken	Vingrom IL	39:52.1	0:59.4	31:27	10	33:33	2:06	48	1:50	1:49	1:50	6:18	(0+1+1+1)
374	Øyvind Aalling Lio	Bjerke IL Ski / Team Geilo	39:57.4	1:04.7	32:18	1:02	34:22	2:04	1:58	51	1:52	52	5:34	(1+0+1+0)
350	Filip Fjeld Andersen	Geilo IL	40:18.3	1:25.6	31:42	26	33:52	2:09	53	1:47	2:56	48	6:25	(0+1+2+0)
390	Magnus Horten	Os IL / Team Toyota Slettum Bil	40:20.6	1:27.9	32:34	1:18	34:44	2:09	1:58	50	58	1:49	5:36	(1+0+0+1)
357	Odin Garli	Sokna IL / TEAM HUGAAS	40:22.5	1:29.8	33:09	1:53	35:21	2:12	2:03	58	1:04	54	5:00	(1+0+0+0)
382	Fredrik Arne Grusd	Fossum IF	40:24.5	1:31.8	32:03	46	34:09	2:06	1:51	1:47	51	1:43	6:14	(1+1+0+1)
388	Lars Hammernes Leopold	Asker Skiklubb / Team Kjelstad	40:27.3	1:34.6	32:53	1:36	35:02	2:08	1:56	1:48	51	48	5:25	(1+1+0+0)
356	Sigurd Leren	Vingelen IL / Team Woodcon	41:00.9	2:08.2	33:57	2:41	36:11	2:14	2:00	52	1:03	52	4:49	(1+0+0+0)
386	Eirik Kjøl Tornes	Molde og Omegn IF / TEAM HUGAAS	41:09.0	2:16.3	31:32	16	33:37	2:04	55	3:49	58	1:48	7:31	(0+3+0+1)
341	Håvard Kne Galåen	Røros IL / Trondheim Biathlon Team	41:23.5	2:30.8	32:11	54	34:19	2:08	1:09	1:53	59	3:01	7:04	(0+1+0+2)
363	Rasmus Schie Krogstad	Try, Idrettslaget / Team Woodcon	41:32.5	2:39.8	32:52	1:36	35:05	2:13	54	2:51	1:50	51	6:27	(0+2+1+0)
352	Eirik Silsand Gerhardsen	Tromsø Skiskytterlag / Team Troms & Finn	41:40.3	2:47.6	33:28	2:12	35:47	2:19	2:01	1:54	59	57	5:52	(1+1+0+0)
392	Trym Paulsen	Skonseng UL / Team Polarsirkelen ski	41:42.8	2:50.1	35:37	4:20	37:49	2:12	59	58	1:00	53	3:52	(0+0+0+0)
360	Erlend Bakken	Markane IL	41:48.9	2:56.2	33:38	2:22	35:46	2:08	2:03	52	1:07	1:58	6:02	(1+0+0+1)
361	Vegar Horneberg Selnaes	Trondhjems Skiskyttere / Trondheim Biathl	41:51.8	2:59.1	31:47	31	33:54	2:06	2:01	1:48	2:08	1:58	7:57	(1+1+1+1)
381	Anders Sønsteby Flaagen	Søndre Ål Sportsklubb / Team Lygna skisk	42:09.3	3:16.6	33:00	1:44	35:09	2:08	2:03	1:56	1:06	1:53	6:59	(1+1+0+1)
346	Isak Nikolai Hopland	Hardbagg IL	42:09.5	3:16.8	32:58	1:42	35:06	2:08	1:02	2:53	1:06	1:59	7:02	(0+2+0+1)
370	Robin Johan Benonisen	Tromsø Skiskytterlag / Team Troms & Finn	42:46.6	3:53.9	33:51	2:35	36:06	2:15	55	1:55	2:53	55	6:40	(0+1+2+0)
338	Dag Sander Bjørndalen	Simostrand IL / Team Geilo	42:53.0	4:00.3	32:10	54	34:14	2:04	2:01	1:51	2:58	1:46	8:38	(1+1+2+1)
375	Sivert Bekken	Kvikne IL / Team Toyota Slettum Bil	43:07.5	4:14.8	32:32	1:16	34:43	2:11	3:59	1:46	1:55	42	8:24	(3+1+1+0)

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Startnr	Navn	Klubb / Team	Tid	Diff	Langrenn Netto	Diff	Langrenn Inkl SR	Tid Straffer.	S1	S2	S3	S4	Standplass Totalt	Born
353	Jonas Bogen Øye	Trondhjems Skiskytter / Trondheim Biathl	43:14.5	4:21.8	34:14	2:58	37:08	2:54	58	2:56	17	1:52	6:05	(0+2+0+1)
354	Tobias Hægeland	Øvrebø IL / Team iSandnes	43:17.2	4:24.5	35:16	4:00	37:40	2:23	55	1:53	57	1:51	5:37	(0+1+0+1)
373	Martin Øyen Tøraasen	Folldal IF / Team Toyota Slettum Bil	43:18.5	4:25.8	32:05	49	34:08	2:03	2:06	3:00	1:04	2:57	9:09	(1+2+0+2)
347	Erik Kjøsnes Wekre	Steinkjer Skiklubb / Steinkjer vgs	43:35.3	4:42.6	35:57	4:41	38:29	2:32	1:14	55	1:01	1:53	5:05	(0+0+0+1)
369	Rasmus Odland Kvamme	Tromsø Skiskytterlag / Team Troms & Finn	43:37.7	4:45.0	34:29	3:13	36:43	2:14	1:03	1:56	2:59	53	6:53	(0+1+2+0)
364	Trygve Bondhus Often	Tynset IF / Team Woodcon	43:38.6	4:45.9	32:48	1:32	34:59	2:10	2:03	2:49	1:59	1:47	8:39	(1+2+1+1)
367	Truls Fjellheim Jorde	Asker Skiklubb	43:39.6	4:46.9	31:59	43	34:12	2:12	1:54	2:50	1:51	2:51	9:27	(1+2+1+2)
339	Magnus Raaum Langseth	Østre Toten Skilag / Team Lygna skiskyting	43:50.7	4:58.0	33:56	2:40	36:06	2:10	1:01	1:50	2:03	2:49	7:43	(0+1+1+2)
376	Per Vassmyr	Tromsø Skiskytterlag / Team Troms & Finn	43:53.2	5:00.5	36:12	4:56	38:37	2:24	49	2:51	49	45	5:16	(0+2+0+0)
378	Torbjørn Oppigard	Eikesdal Skiskytterlag - Skiskyting	44:00.3	5:07.6	36:10	4:54	39:20	3:09	18	57	2:24	59	4:40	(0+0+0+1)
371	Yann Gouy	Figgjo IL / Team iSandnes	44:30.1	5:37.4	34:02	2:46	36:15	2:13	2:50	1:42	1:55	1:45	8:14	(2+1+1+1)
377	Jørgen Brendengen Krogsæter	Ullensaker Skiklubb	44:50.7	5:58.0	31:16	0	33:22	2:06	1:56	2:48	4:56	1:46	11:28	(1+2+4+1)
345	Knut Lussand Selheim	Voss Skiskytterlag / Team OASSK	45:04.2	6:11.5	34:52	3:35	37:14	2:22	2:02	53	3:04	1:49	7:49	(1+0+2+1)
379	Håkon Frøseth	Sokna IL / Meråker vgs	45:04.8	6:12.1	33:27	2:11	35:37	2:10	1:59	2:46	58	3:43	9:27	(1+2+0+3)
348	Mathias Skrede	Geilo IL / Team Geilo	45:11.2	6:18.5	33:26	2:10	35:34	2:07	1:54	1:50	1:00	4:50	9:36	(1+1+0+4)
397	Sindre Davidsen Schonhowd	Søndre Ål Sportsklubb / Team Lygna skisk	45:16.9	6:24.2	34:44	3:28	37:40	2:55	2:16	1:44	1:55	1:39	7:36	(2+1+1+1)
355	Olav Lanes Severinsen	Tromsø Skiskytterlag / Team Troms & Finn	45:17.7	6:25.0	33:55	2:39	36:07	2:12	2:14	2:00	3:01	1:53	9:10	(1+1+2+1)
342	Jo Brøste Nørstegård	Dombås IL / TEAM HUGAAS	45:28.8	6:36.1	34:01	2:45	36:53	2:51	2:52	2:45	1:17	1:40	8:35	(2+2+1+1)
368	Eirik Markus Rinde	Vik IL / Team Glalaks	45:56.8	7:04.1	35:15	3:59	37:38	2:23	1:48	1:48	1:49	2:51	8:18	(1+1+1+2)
351	Aksel Mathias Meland	Markane IL / Team Glalaks	46:08.5	7:15.8	36:54	5:38	39:24	2:29	2:02	1:52	56	1:52	6:44	(1+1+0+1)
384	Sindre Gjørseter	Kvam Langrenn- og Skiskytterklubb / Holm	46:14.3	7:21.6	33:54	2:38	36:08	2:13	2:01	3:02	1:06	3:55	10:06	(1+2+0+3)
372	Sander Østensen	Østre Toten Skilag / Team Lygna skiskyting	46:54.7	8:02.0	36:47	5:31	39:04	2:16	1:02	1:55	3:00	1:51	7:50	(0+1+2+1)
349	Emil Andre Breivik	IL Bevern / Team Kongsberg	47:06.0	8:13.3	35:47	4:30	38:13	2:26	1:57	1:52	3:02	1:59	8:52	(1+1+2+1)
358	Sindre Christoffer Tyldum Andresen	Lier IL / Team Skiguard Buskerud	48:02.0	9:09.3	36:43	5:26	39:04	2:21	2:23	3:10	1:19	2:03	8:57	(1+2+0+1)

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362	Øystein Markegård	Geilo IL / Team Geilo	48:28.6	9:35.9	33:29	2:13	35:42	2:12	5:04	2:55	1:54	2:52	12:46	(4+2+1+2)
340	Kristian Lindh Aandahl	IL Bevern / Team Kongsberg	48:44.5	9:51.8	39:33	8:17	42:06	2:32	1:14	2:04	1:14	2:04	6:38	(0+1+0+1)
366	Vegard Skrede	Hardbagg IL / Team Glalaks	49:21.0	10:28.3	34:02	2:46	36:21	2:18	2:01	2:57	4:07	3:52	12:59	(1+2+3+3)
393	Marius Tjelde Vaagen	Molde og Omegn IF	50:23.3	11:30.6	36:41	5:25	39:04	2:22	5:03	4:03	1:13	58	11:18	(4+3+0+0)
396	Håkon Midthjell Gjørven	Markane IL	50:35.3	11:42.6	36:52	5:36	39:20	2:27	1:09	2:54	4:16	2:54	11:14	(0+2+3+2)
385	Sander Kulstad Haugen	Østre Toten Skilag / Team Lygna skiskyting	52:42.3	13:49.6	38:13	6:57	40:42	2:28	4:08	1:03	3:53	2:54	11:59	(3+0+3+2)
387	Ola Nymoene Aas	Røros IL / Trondheim Biathlon Team	53:43.3	14:50.6	38:19	7:03	40:45	2:26	3:01	2:53	4:05	2:56	12:57	(2+2+3+2)

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